

Adidas Christmas Cup Uster  
Uster, 15. - 16.12.2018

Wettkampf 63 Damen, 400m Lagen 15 Jahre und älter  
16.12.2018 - 15:20 Rangliste

Swiss National Records	4:45.12	van Berkel Martina Eva	LIMM	Rio (BRA)	06.08.2016
Swiss Agegroup Records 18	4:55.97	Mamié Lisa	LIMM	Zurich	12.03.2016
Swiss Agegroup Records 17	4:54.83	Gross Andrea	WITT	Zurich	20.03.1999
Swiss Agegroup Records 16	4:55.96	Gross Andrea	WITT	Antwerpen (BEL)	30.07.1998
Swiss Agegroup Records 15	5:01.59	Gross Andrea	WITT	Neuchatel	24.07.1997

Punkte: FINA 2018

Rang			Jg.			Zeit	Pkt.	
<b>15 - 16 Jahre</b>								
1.	Weil Celine		03	SV St.Gallen-Wittenbach		<b>5:20.85</b>	572	
	50m: 34.86	34.86	150m: 2:00.67	44.26	250m: 3:26.12	43.84	350m: 4:45.57	36.67
	100m: 1:16.41	41.55	200m: 2:42.28	41.61	300m: 4:08.90	42.78	400m: 5:20.85	35.28
2.	van Berkel Marina		03	SC Uster Wallisellen		<b>5:25.71</b>	546	
	50m: 33.40	33.40	150m: 1:55.98	42.40	250m: 3:23.30	45.25	350m: 4:47.58	39.29
	100m: 1:13.58	40.18	200m: 2:38.05	42.07	300m: 4:08.29	44.99	400m: 5:25.71	38.13
3.	Panico Anthea		02	NS Locarno		<b>5:28.00</b>	535	
	50m: 33.91	33.91	150m: 1:55.49	42.40	250m: 3:24.54	47.62	350m: 4:50.64	38.19
	100m: 1:13.09	39.18	200m: 2:36.92	41.43	300m: 4:12.45	47.91	400m: 5:28.00	37.36
4.	Peschl Selina		03	SC Kreuzlingen		<b>5:37.78</b>	490	
	50m: 34.43	34.43	150m: 1:57.78	43.08	250m: 3:30.19	51.30	350m: 5:00.43	39.14
	100m: 1:14.70	40.27	200m: 2:38.89	41.11	300m: 4:21.29	51.10	400m: 5:37.78	37.35
5.	Bastos Pinto Nicole		03	NS Locarno		<b>5:39.59</b>	482	
	50m: 36.01	36.01	150m: 2:03.74	44.69	250m: 3:34.39	48.92	350m: 5:02.68	38.56
	100m: 1:19.05	43.04	200m: 2:45.47	41.73	300m: 4:24.12	49.73	400m: 5:39.59	36.91
6.	Liesch Sarina		03	SC Liestal		<b>5:39.76</b>	481	
	50m: 35.87	35.87	150m: 2:02.44	44.06	250m: 3:33.65	47.24	350m: 5:02.03	40.36
	100m: 1:18.38	42.51	200m: 2:46.41	43.97	300m: 4:21.67	48.02	400m: 5:39.76	37.73
7.	Brunner Sara		03	SK Bern		<b>5:44.44</b>	462	
	50m: 35.46	35.46	150m: 2:03.94	47.57	250m: 3:40.12	51.72	350m: 5:08.57	37.33
	100m: 1:16.37	40.91	200m: 2:48.40	44.46	300m: 4:31.24	51.12	400m: 5:44.44	35.87
8.	Frefel Lena		03	SC Frauenfeld		<b>5:44.62</b>	461	
	50m: 35.41	35.41	150m: 2:03.80	46.96	250m: 3:37.55	48.66	350m: 5:07.29	40.45
	100m: 1:16.84	41.43	200m: 2:48.89	45.09	300m: 4:26.84	49.29	400m: 5:44.62	37.33
9.	Toscan Olivia		03	SV St.Gallen-Wittenbach		<b>5:50.22</b>	439	
	50m: 35.49	35.49	150m: 2:02.48	44.60	250m: 3:38.96	51.99	350m: 5:12.25	38.22
	100m: 1:17.88	42.39	200m: 2:46.97	44.49	300m: 4:34.03	55.07	400m: 5:50.22	37.97

**17 Jahre und älter**

1.	Hefel Theresa		01	YPSCST Gamprin		<b>5:19.29</b>	580	
	50m: 31.52	31.52	150m: 1:51.29	41.65	250m: 3:20.01	47.35	350m: 4:42.51	35.96
	100m: 1:09.64	38.12	200m: 2:32.66	41.37	300m: 4:06.55	46.54	400m: 5:19.29	36.78
2.	Steigauf Vanessa		01	SSF Singen		<b>5:22.62</b>	562	
	50m: 33.42	33.42	150m: 1:57.57	41.95	250m: 3:23.94	44.53	350m: 4:46.33	37.01
	100m: 1:15.62	42.20	200m: 2:39.41	41.84	300m: 4:09.32	45.38	400m: 5:22.62	36.29
3.	Legéndi Enya		98	YPSCST Gamprin		<b>5:34.62</b>	504	
	50m: 32.98	32.98	150m: 1:55.10	43.52	250m: 3:25.79	48.69	350m: 4:55.62	40.28
	100m: 1:11.58	38.60	200m: 2:37.10	42.00	300m: 4:15.34	49.55	400m: 5:34.62	39.00