


 RZO: Regionale Hallenmeisterschaften
 Uster, 23. - 24.10.2010

Wettkampf 39

Herren, 400m Freistil

allg. Kategorie

24.10.2010 - 15:45

Rangliste

| | | | | | |
|------------------------------------|---------|------------------|------|--------------|------------|
| Swiss National Records | 3:39.86 | Meichtry Dominik | SCUW | Berlin (GER) | 14.11.2009 |
| Regionalrekorde Zentralschweiz-Ost | 3:39.86 | Meichtry Dominik | SCUW | Berlin (GER) | 14.11.2009 |

Punkte: FINA 2010

| Rang | | | Jg. | Abk. | | | RT | Zeit | Pkt. |
|---------------------|-------------------|---------|-----------|-------|---------|-------|-------|----------------|-------|
| 13 Jahre und jünger | | | | | | | | | |
| 1. | Läuffer Jacques | | 1997 BAAR | | | | +0,69 | 4:23.03 | 529 |
| | 50m: | 28.88 | 28.88 | 150m: | 1:34.68 | 33.57 | 250m: | 2:41.96 | 33.73 |
| | 100m: | 1:01.11 | 32.23 | 200m: | 2:08.23 | 33.55 | 300m: | 3:16.04 | 34.08 |
| | | | | | | | 350m: | 3:50.38 | 34.34 |
| | | | | | | | 400m: | 4:23.03 | 32.65 |
| 2. | Spahn Nico | | 1997 SCUW | | | | +0,83 | 4:37.13 | 452 |
| | 50m: | 29.95 | 29.95 | 150m: | 1:40.65 | 36.10 | 250m: | 2:52.13 | 35.61 |
| | 100m: | 1:04.55 | 34.60 | 200m: | 2:16.52 | 35.87 | 300m: | 3:28.42 | 36.29 |
| | | | | | | | 350m: | 4:04.19 | 35.77 |
| | | | | | | | 400m: | 4:37.13 | 32.94 |
| 3. | Bolz Samuel | | 1997 LIMM | | | | +0,82 | 4:38.28 | 446 |
| | 50m: | 30.72 | 30.72 | 150m: | 1:40.94 | 35.43 | 250m: | 2:51.75 | 35.43 |
| | 100m: | 1:05.51 | 34.79 | 200m: | 2:16.32 | 35.38 | 300m: | 3:27.91 | 36.16 |
| | | | | | | | 350m: | 4:03.90 | 35.99 |
| | | | | | | | 400m: | 4:38.28 | 34.38 |
| 4. | Cuenin Joël | | 1997 SCUW | | | | +0,82 | 4:54.62 | 376 |
| | 50m: | 33.72 | 33.72 | 150m: | 1:47.77 | 37.05 | 250m: | 3:02.73 | 37.57 |
| | 100m: | 1:10.72 | 37.00 | 200m: | 2:25.16 | 37.39 | 300m: | 3:39.97 | 37.24 |
| | | | | | | | 350m: | 4:17.79 | 37.82 |
| | | | | | | | 400m: | 4:54.62 | 36.83 |
| 5. | Petignat Olivier | | 1997 MEIL | | | | +0,76 | 4:57.44 | 366 |
| | 50m: | 31.71 | 31.71 | 150m: | 1:47.30 | 38.72 | 250m: | 3:05.21 | 39.18 |
| | 100m: | 1:08.58 | 36.87 | 200m: | 2:26.03 | 38.73 | 300m: | 3:44.46 | 39.25 |
| | | | | | | | 350m: | 4:22.56 | 38.10 |
| | | | | | | | 400m: | 4:57.44 | 34.88 |
| 6. | Shilling Finnian | | 1997 BAAR | | | | +0,91 | 5:01.30 | 352 |
| | 50m: | 32.77 | 32.77 | 150m: | 1:50.19 | 39.96 | 250m: | 3:07.31 | 37.21 |
| | 100m: | 1:10.23 | 37.46 | 200m: | 2:30.10 | 39.91 | 300m: | 3:46.14 | 38.83 |
| | | | | | | | 350m: | 4:24.67 | 38.53 |
| | | | | | | | 400m: | 5:01.30 | 36.63 |
| 7. | Derzhitskiy Denis | | 1998 LIMM | | | | +0,71 | 5:08.27 | 328 |
| | 50m: | 34.98 | 34.98 | 150m: | 1:51.91 | 38.69 | 250m: | 3:10.11 | 39.20 |
| | 100m: | 1:13.22 | 38.24 | 200m: | 2:30.91 | 39.00 | 300m: | 3:50.00 | 39.89 |
| | | | | | | | 350m: | 4:29.82 | 39.82 |
| | | | | | | | 400m: | 5:08.27 | 38.45 |
| 8. | Rangelov Nikola | | 1999 BUEL | | | | +0,75 | 5:11.07 | 320 |
| | 50m: | 33.67 | 33.67 | 150m: | 1:52.73 | 40.05 | 250m: | 3:12.69 | 40.21 |
| | 100m: | 1:12.68 | 39.01 | 200m: | 2:32.48 | 39.75 | 300m: | 3:53.32 | 40.63 |
| | | | | | | | 350m: | 4:33.39 | 40.07 |
| | | | | | | | 400m: | 5:11.07 | 37.68 |
| 9. | Pfenninger Marvin | | 1998 SCUW | | | | +0,76 | 5:19.54 | 295 |
| | 50m: | 37.13 | 37.13 | 150m: | 1:58.78 | 41.19 | 250m: | 3:21.14 | 41.06 |
| | 100m: | 1:17.59 | 40.46 | 200m: | 2:40.08 | 41.30 | 300m: | 4:01.92 | 40.78 |
| | | | | | | | 350m: | 4:41.58 | 39.66 |
| | | | | | | | 400m: | 5:19.54 | 37.96 |
| 10. | Dobszay Imre | | 1998 SCUW | | | | +0,88 | 5:25.74 | 278 |
| | 50m: | 35.58 | 35.58 | 150m: | 1:57.48 | 41.87 | 250m: | 3:21.14 | 41.81 |
| | 100m: | 1:15.61 | 40.03 | 200m: | 2:39.33 | 41.85 | 300m: | 4:03.50 | 42.36 |
| | | | | | | | 350m: | 4:45.51 | 42.01 |
| | | | | | | | 400m: | 5:25.74 | 40.23 |
| 11. | Moerland Dillen | | 1998 SCUW | | | | +0,89 | 5:27.11 | 275 |
| | 50m: | 36.33 | 36.33 | 150m: | 1:58.84 | 42.28 | 250m: | 3:22.45 | 42.04 |
| | 100m: | 1:16.56 | 40.23 | 200m: | 2:40.41 | 41.57 | 300m: | 4:04.28 | 41.83 |
| | | | | | | | 350m: | 4:46.40 | 42.12 |
| | | | | | | | 400m: | 5:27.11 | 40.71 |
| 12. | Gloor Ian | | 1999 SCUW | | | | +0,99 | 5:32.23 | 262 |
| | 50m: | 36.48 | 36.48 | 150m: | 2:00.50 | 42.54 | 250m: | 3:26.27 | 43.36 |
| | 100m: | 1:17.96 | 41.48 | 200m: | 2:42.91 | 42.41 | 300m: | 4:09.04 | 42.77 |
| | | | | | | | 350m: | 4:51.84 | 42.80 |
| | | | | | | | 400m: | 5:32.23 | 40.39 |
| 13. | Sackmann Julian | | 1997 WINT | | | | +1,12 | 5:33.75 | 259 |
| | 50m: | 35.86 | 35.86 | 150m: | 1:59.48 | 41.76 | 250m: | 3:25.93 | 42.96 |
| | 100m: | 1:17.72 | 41.86 | 200m: | 2:42.97 | 43.49 | 300m: | 4:09.14 | 43.21 |
| | | | | | | | 350m: | 4:50.27 | 41.13 |
| | | | | | | | 400m: | 5:33.75 | 43.48 |
| 14. | Zumeri Agon | | 1998 SCUW | | | | +0,71 | 5:44.99 | 234 |
| | 50m: | 36.91 | 36.91 | 150m: | 2:05.40 | 44.65 | 250m: | 3:33.47 | 44.42 |
| | 100m: | 1:20.75 | 43.84 | 200m: | 2:49.05 | 43.65 | 300m: | 4:17.89 | 44.42 |
| | | | | | | | 350m: | 5:02.87 | 44.98 |
| | | | | | | | 400m: | 5:44.99 | 42.12 |
| 15. | Machate Yannick | | 1998 WAED | | | | +0,84 | 5:48.39 | 227 |
| | 50m: | 37.54 | 37.54 | 150m: | 2:04.35 | 44.00 | 250m: | 3:34.75 | 45.78 |
| | 100m: | 1:20.35 | 42.81 | 200m: | 2:48.97 | 44.62 | 300m: | 4:19.40 | 44.65 |
| | | | | | | | 350m: | 5:04.59 | 45.19 |
| | | | | | | | 400m: | 5:48.39 | 43.80 |



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Wettkampf 39, Knaben, 400m Freistil, 13 Jahre und jünger

| Rang | | | Jg. | Abk. | | | | | RT | Zeit | Pkt. | |
|------|-------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 16. | Nolting Lukas | | 1998 | SCUW | | | | | +0,79 | 5:56.76 | 212 | |
| | 50m: | 40.51 | 40.51 | 150m: | 2:11.62 | 46.06 | 250m: | 3:42.28 | 45.38 | 350m: | 5:14.20 | 46.05 |
| | 100m: | 1:25.56 | 45.05 | 200m: | 2:56.90 | 45.28 | 300m: | 4:28.15 | 45.87 | 400m: | 5:56.76 | 42.56 |
| 17. | Maurer Kris Robin | | 2000 | SCUW | | | | | +0,76 | 5:57.37 | 211 | |
| | 50m: | 39.87 | 39.87 | 150m: | 2:10.39 | 45.79 | 250m: | 3:42.16 | 45.55 | 350m: | 5:14.35 | 45.16 |
| | 100m: | 1:24.60 | 44.73 | 200m: | 2:56.61 | 46.22 | 300m: | 4:29.19 | 47.03 | 400m: | 5:57.37 | 43.02 |
| 18. | Steurer Lucas | | 1997 | SCT | | | | | +0,98 | 6:03.31 | 200 | |
| | 50m: | 40.40 | 40.40 | 150m: | 2:12.22 | 45.71 | 250m: | 3:46.20 | 47.18 | 350m: | 5:20.01 | 45.71 |
| | 100m: | 1:26.51 | 46.11 | 200m: | 2:59.02 | 46.80 | 300m: | 4:34.30 | 48.10 | 400m: | 6:03.31 | 43.30 |
| 19. | Conrad Xeno | | 1999 | TAGI | | | | | +0,82 | 6:15.43 | 182 | |
| | 50m: | 42.49 | 42.49 | 150m: | 2:19.48 | 49.39 | 250m: | 3:56.39 | 47.56 | 350m: | 5:32.95 | 48.25 |
| | 100m: | 1:30.09 | 47.60 | 200m: | 3:08.83 | 49.35 | 300m: | 4:44.70 | 48.31 | 400m: | 6:15.43 | 42.48 |
| 20. | Hofmann Rony | | 1998 | SCUW | | | | | +0,92 | 6:17.15 | 179 | |
| | 50m: | 41.37 | 41.37 | 150m: | 2:17.17 | 48.13 | 250m: | 3:54.92 | 48.49 | 350m: | 5:33.13 | 49.27 |
| | 100m: | 1:29.04 | 47.67 | 200m: | 3:06.43 | 49.26 | 300m: | 4:43.86 | 48.94 | 400m: | 6:17.15 | 44.02 |
| 21. | Zahner Niklas | | 1997 | SCUW | | | | | +0,76 | 6:27.04 | 166 | |
| | 50m: | 42.76 | 42.76 | 150m: | 2:21.17 | 49.20 | 250m: | 4:01.16 | 50.28 | 350m: | 5:41.01 | 49.35 |
| | 100m: | 1:31.97 | 49.21 | 200m: | 3:10.88 | 49.71 | 300m: | 4:51.66 | 50.50 | 400m: | 6:27.04 | 46.03 |
| 22. | Klabunde Morten | | 2000 | WINT | | | | | +0,95 | 6:50.52 | 139 | |
| | 50m: | 45.56 | 45.56 | 150m: | 2:28.12 | 52.44 | 250m: | 4:13.87 | 53.86 | 350m: | 5:56.87 | 50.83 |
| | 100m: | 1:35.68 | 50.12 | 200m: | 3:20.01 | 51.89 | 300m: | 5:06.04 | 52.17 | 400m: | 6:50.52 | 53.65 |
| 23. | Gächter Max-Alban | | 1999 | SCUW | | | | | +0,82 | 7:00.79 | 129 | |
| | 50m: | 45.16 | 45.16 | 150m: | 2:30.73 | 53.36 | 250m: | 4:18.93 | 54.35 | 350m: | 6:08.07 | 54.61 |
| | 100m: | 1:37.37 | 52.21 | 200m: | 3:24.58 | 53.85 | 300m: | 5:13.46 | 54.53 | 400m: | 7:00.79 | 52.72 |
| 24. | Kleber Erik | | 1999 | SCUW | | | | | +0,73 | 7:06.54 | 124 | |
| | 50m: | 46.84 | 46.84 | 150m: | 2:35.40 | 54.75 | 250m: | 4:25.56 | 56.09 | 350m: | 6:19.22 | 57.86 |
| | 100m: | 1:40.65 | 53.81 | 200m: | 3:29.47 | 54.07 | 300m: | 5:21.36 | 55.80 | 400m: | 7:06.54 | 47.32 |
| 25. | Svoboda Edward | | 1999 | SCUW | | | | | +0,85 | 7:09.17 | 121 | |
| | 50m: | 45.57 | 45.57 | 150m: | 2:32.30 | 54.48 | 250m: | 4:26.29 | 57.05 | 350m: | 6:20.20 | 58.36 |
| | 100m: | 1:37.82 | 52.25 | 200m: | 3:29.24 | 56.94 | 300m: | 5:21.84 | 55.55 | 400m: | 7:09.17 | 48.97 |

14 Jahre und älter

| | | | | | | | | | | | | |
|----|-----------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | Rabold Simon | | 1990 | SCUW | | | | | +0,88 | 4:03.82 | 664 | |
| | 50m: | 29.35 | 29.35 | 150m: | 1:31.50 | 31.12 | 250m: | 2:33.66 | 30.92 | 350m: | 3:34.52 | 30.30 |
| | 100m: | 1:00.38 | 31.03 | 200m: | 2:02.74 | 31.24 | 300m: | 3:04.22 | 30.56 | 400m: | 4:03.82 | 29.30 |
| 2. | Weber Thomas | | 1988 | BAAR | | | | | +0,77 | 4:11.16 | 607 | |
| | 50m: | 28.43 | 28.43 | 150m: | 1:31.55 | 31.93 | 250m: | 2:35.38 | 31.47 | 350m: | 3:39.53 | 31.92 |
| | 100m: | 59.62 | 31.19 | 200m: | 2:03.91 | 32.36 | 300m: | 3:07.61 | 32.23 | 400m: | 4:11.16 | 31.63 |
| 3. | De Corso Flavio | | 1992 | LIMM | | | | | +0,77 | 4:15.63 | 576 | |
| | 50m: | 30.89 | 30.89 | 150m: | 1:34.05 | 32.20 | 250m: | 2:39.16 | 32.53 | 350m: | 3:44.28 | 32.43 |
| | 100m: | 1:01.85 | 30.96 | 200m: | 2:06.63 | 32.58 | 300m: | 3:11.85 | 32.69 | 400m: | 4:15.63 | 31.35 |
| 4. | Ricucci Adrien | | 1992 | SCUW | | | | | +0,83 | 4:17.38 | 564 | |
| | 50m: | 30.29 | 30.29 | 150m: | 1:36.56 | 33.57 | 250m: | 2:42.84 | 32.66 | 350m: | 3:48.00 | 32.67 |
| | 100m: | 1:02.99 | 32.70 | 200m: | 2:10.18 | 33.62 | 300m: | 3:15.33 | 32.49 | 400m: | 4:17.38 | 29.38 |
| 5. | Deflorian Gino | | 1989 | SCUW | | | | | +0,93 | 4:17.85 | 561 | |
| | 50m: | 30.78 | 30.78 | 150m: | 1:36.60 | 33.01 | 250m: | 2:42.61 | 32.36 | 350m: | 3:47.54 | 32.67 |
| | 100m: | 1:03.59 | 32.81 | 200m: | 2:10.25 | 33.65 | 300m: | 3:14.87 | 32.26 | 400m: | 4:17.85 | 30.31 |
| 6. | Müller Michael | | 1992 | BAAR | | | | | +0,77 | 4:19.08 | 553 | |
| | 50m: | 29.27 | 29.27 | 150m: | 1:34.70 | 33.33 | 250m: | 2:41.10 | 32.85 | 350m: | 3:46.86 | 32.82 |
| | 100m: | 1:01.37 | 32.10 | 200m: | 2:08.25 | 33.55 | 300m: | 3:14.04 | 32.94 | 400m: | 4:19.08 | 32.22 |


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Wettkampf 39, Herren, 400m Freistil, 14 Jahre und älter

| Rang | | | Jg. | Abk. | | | | | RT | Zeit | Pkt. | |
|------|--------------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|---------|
| 7. | Rüedi Christophe | | 1994 | BAAR | | | | | +0,79 | 4:22.99 | 529 | |
| | 50m: | 29.07 | 29.07 | 150m: | 1:34.81 | 33.31 | 250m: | 2:41.53 | 32.87 | 350m: | 3:49.74 | 34.48 |
| | 100m: | 1:01.50 | 32.43 | 200m: | 2:08.66 | 33.85 | 300m: | 3:15.26 | 33.73 | 400m: | 4:22.99 | 33.25 |
| 8. | Romagnoli Valerio | | 1994 | MEIL | | | | | +0,75 | 4:23.64 | 525 | |
| | 50m: | 30.50 | 30.50 | 150m: | 1:38.69 | 34.36 | 250m: | 2:46.20 | 33.41 | 350m: | 3:53.49 | 32.67 |
| | 100m: | 1:04.33 | 33.83 | 200m: | 2:12.79 | 34.10 | 300m: | 3:20.82 | 34.62 | 400m: | 4:23.64 | 30.15 |
| 9. | Portmann Kevin | | 1994 | BAAR | | | | | +0,85 | 4:24.03 | 523 | |
| | 50m: | 29.93 | 29.93 | 150m: | 1:36.86 | 33.50 | 250m: | 2:44.55 | 33.93 | 350m: | 3:52.29 | 33.75 |
| | 100m: | 1:03.36 | 33.43 | 200m: | 2:10.62 | 33.76 | 300m: | 3:18.54 | 33.99 | 400m: | 4:24.03 | 31.74 |
| 10. | Niederhauser Sandro | | 1992 | SCUW | | | | | +0,75 | 4:24.43 | 520 | |
| | 50m: | 30.21 | 30.21 | 150m: | 1:36.78 | 33.65 | 250m: | 2:43.72 | 33.33 | 350m: | 3:51.50 | 33.86 |
| | 100m: | 1:03.13 | 32.92 | 200m: | 2:10.39 | 33.61 | 300m: | 3:17.64 | 33.92 | 400m: | 4:24.43 | 32.93 |
| 11. | Sturzenegger Andri | | 1995 | SCUW | | | | | +0,77 | 4:24.60 | 519 | |
| | 50m: | 30.41 | 30.41 | 150m: | 1:37.97 | 33.93 | 250m: | 2:45.37 | 33.66 | 350m: | 3:52.37 | 33.32 |
| | 100m: | 1:04.04 | 33.63 | 200m: | 2:11.71 | 33.74 | 300m: | 3:19.05 | 33.68 | 400m: | 4:24.60 | 32.23 |
| 12. | Bernatschek Alexander | | 1996 | SCUW | | | | | +0,92 | 4:26.99 | 506 | |
| | 50m: | 30.38 | 30.38 | 150m: | 1:38.39 | 34.40 | 250m: | 2:46.30 | 34.04 | 350m: | 3:54.17 | 34.00 |
| | 100m: | 1:03.99 | 33.61 | 200m: | 2:12.26 | 33.87 | 300m: | 3:20.17 | 33.87 | 400m: | 4:26.99 | 32.82 |
| 13. | Bauer Gian Carlo | | 1992 | SCUW | | | | | +0,82 | 4:27.00 | 506 | |
| | 50m: | 30.33 | 30.33 | 150m: | 1:38.16 | 34.14 | 250m: | 2:46.30 | 33.79 | 350m: | 3:53.88 | 33.54 |
| | 100m: | 1:04.02 | 33.69 | 200m: | 2:12.51 | 34.35 | 300m: | 3:20.34 | 34.04 | 400m: | 4:27.00 | 33.12 |
| 14. | Federer Silvio | | 1992 | MEIL | | | | | +0,80 | 4:32.48 | 476 | |
| | 50m: | 31.93 | 31.93 | 150m: | 1:41.49 | 35.06 | 250m: | 2:51.75 | 34.84 | 350m: | 3:59.78 | 33.14 |
| | 100m: | 1:06.43 | 34.50 | 200m: | 2:16.91 | 35.42 | 300m: | 3:26.64 | 34.89 | 400m: | 4:32.48 | 32.70 |
| 15. | Zarro Sergio | | 1995 | LIMM | | | | | +0,81 | 4:32.49 | 476 | |
| | 50m: | 30.92 | 30.92 | 150m: | 1:39.54 | 34.70 | 250m: | 2:48.58 | 34.67 | 350m: | 3:59.56 | 35.90 |
| | 100m: | 1:04.84 | 33.92 | 200m: | 2:13.91 | 34.37 | 300m: | 3:23.66 | 35.08 | 400m: | 4:32.49 | 32.93 |
| 16. | Signorell Nicolas | | 1993 | MEIL | | | | | +0,80 | 4:33.37 | 471 | |
| | 50m: | 31.74 | 31.74 | 150m: | 1:40.70 | 34.74 | 250m: | 2:49.98 | 34.26 | 350m: | 3:59.66 | 34.77 |
| | 100m: | 1:05.96 | 34.22 | 200m: | 2:15.72 | 35.02 | 300m: | 3:24.89 | 34.91 | 400m: | 4:33.37 | 33.71 |
| 17. | Heinrich Pascal | | 1991 | BAAR | | | | | +0,78 | 4:34.98 | 463 | |
| | 50m: | 31.47 | 31.47 | 150m: | 1:41.04 | 35.30 | 250m: | 2:49.79 | 34.20 | 350m: | 3:59.46 | 34.49 |
| | 100m: | 1:05.74 | 34.27 | 200m: | 2:15.59 | 34.55 | 300m: | 3:24.97 | 35.18 | 400m: | 4:34.98 | 35.52 |
| 18. | Haller Yannic | | 1992 | SCUW | | | | | +0,89 | 4:35.04 | 462 | |
| | 50m: | 31.34 | 31.34 | 150m: | 1:39.56 | 34.54 | 250m: | 2:49.29 | 34.80 | 350m: | 4:00.47 | 35.57 |
| | 100m: | 1:05.02 | 33.68 | 200m: | 2:14.49 | 34.93 | 300m: | 3:24.90 | 35.61 | 400m: | 4:35.04 | 34.57 |
| 19. | Roth Christian | | 1991 | BUEL | | | | | +0,86 | 4:35.38 | 461 | |
| | 50m: | 31.20 | 31.20 | 150m: | 1:40.48 | 34.98 | 250m: | 2:50.64 | 35.11 | 350m: | 4:01.04 | 35.06 |
| | 100m: | 1:05.50 | 34.30 | 200m: | 2:15.53 | 35.05 | 300m: | 3:25.98 | 35.34 | 400m: | 4:35.38 | 34.34 |
| 20. | Gabriel Mario | | 1993 | BAAR | | | | | +0,75 | 4:41.45 | 432 | |
| | 50m: | 30.33 | 30.33 | 150m: | 1:39.00 | 35.05 | 250m: | 2:51.03 | 36.29 | 350m: | 4:06.21 | 37.93 |
| | 100m: | 1:03.95 | 33.62 | 200m: | 2:14.74 | 35.74 | 300m: | 3:28.28 | 37.25 | 400m: | 4:41.45 | 35.24 |
| 21. | Buchs Tristan | | 1990 | LIMM | | | | | +0,78 | 4:42.23 | 428 | |
| | 50m: | 31.90 | 31.90 | 150m: | 1:40.78 | 34.29 | 250m: | 2:15.85 | 32.23 | 350m: | 4:05.95 | 1:14.82 |
| | 100m: | 1:06.49 | 34.59 | 200m: | 1:43.62 | 2.84 | 300m: | 2:51.13 | 35.28 | 400m: | 4:42.23 | 36.28 |
| 22. | Caride Rodriguez Brandon | | 1996 | LIMM | | | | | +0,73 | 4:49.70 | 396 | |
| | 50m: | 32.29 | 32.29 | 150m: | 1:45.44 | 37.14 | 250m: | 2:59.25 | 36.57 | 350m: | 4:13.49 | 36.93 |
| | 100m: | 1:08.30 | 36.01 | 200m: | 2:22.68 | 37.24 | 300m: | 3:36.56 | 37.31 | 400m: | 4:49.70 | 36.21 |
| 23. | Bänziger Kevin | | 1996 | SCUW | | | | | +0,81 | 4:49.88 | 395 | |
| | 50m: | 32.95 | 32.95 | 150m: | 1:46.09 | 36.94 | 250m: | 2:59.79 | 37.08 | 350m: | 4:13.85 | 37.30 |
| | 100m: | 1:09.15 | 36.20 | 200m: | 2:22.71 | 36.62 | 300m: | 3:36.55 | 36.76 | 400m: | 4:49.88 | 36.03 |

RZO: Regionale Hallenmeisterschaften
Uster, 23. - 24.10.2010

Wettkampf 39, Herren, 400m Freistil, 14 Jahre und älter

| Rang | | | Jg. | Abk. | | | | RT | Zeit | Pkt. | | |
|-------|--|---------|-------|-------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 24. | Spörri Manuel | | 1989 | MEIL | | | | +0,86 | 4:53.83 | 379 | | |
| | 50m: | 31.30 | 31.30 | 150m: | 1:45.45 | 37.76 | 250m: | 3:01.17 | 38.11 | 350m: | 4:16.37 | 37.99 |
| | 100m: | 1:07.69 | 36.39 | 200m: | 2:23.06 | 37.61 | 300m: | 3:38.38 | 37.21 | 400m: | 4:53.83 | 37.46 |
| 25. | Pio-Loce Matteo | | 1996 | LIMM | | | | +0,70 | 4:55.74 | 372 | | |
| | 50m: | 31.38 | 31.38 | 150m: | 1:46.48 | 38.00 | 250m: | 3:02.38 | 37.82 | 350m: | 4:18.61 | 37.74 |
| | 100m: | 1:08.48 | 37.10 | 200m: | 2:24.56 | 38.08 | 300m: | 3:40.87 | 38.49 | 400m: | 4:55.74 | 37.13 |
| 26. | Bossard Kilian | | 1986 | LIMM | | | | +0,69 | 4:56.11 | 370 | | |
| | 50m: | 32.13 | 32.13 | 150m: | 1:48.35 | 38.35 | 250m: | 3:04.18 | 37.90 | 350m: | 4:19.19 | 37.48 |
| | 100m: | 1:10.00 | 37.87 | 200m: | 2:26.28 | 37.93 | 300m: | 3:41.71 | 37.53 | 400m: | 4:56.11 | 36.92 |
| 27. | Stutz Pascal | | 1994 | BUEL | | | | +0,71 | 4:57.68 | 365 | | |
| | 50m: | 33.53 | 33.53 | 150m: | 1:50.11 | 38.74 | 250m: | 3:06.79 | 37.73 | 350m: | 4:20.74 | 36.95 |
| | 100m: | 1:11.37 | 37.84 | 200m: | 2:29.06 | 38.95 | 300m: | 3:43.79 | 37.00 | 400m: | 4:57.68 | 36.94 |
| 28. | Schurter Michael | | 1995 | SCUW | | | | +0,86 | 4:57.92 | 364 | | |
| | 50m: | 31.91 | 31.91 | 150m: | 1:45.81 | 37.60 | 250m: | 3:01.90 | 38.29 | 350m: | 4:20.16 | 39.01 |
| | 100m: | 1:08.21 | 36.30 | 200m: | 2:23.61 | 37.80 | 300m: | 3:41.15 | 39.25 | 400m: | 4:57.92 | 37.76 |
| 29. | Benz Joel | | 1996 | TAGI | | | | +0,98 | 5:23.77 | 283 | | |
| | 50m: | 34.70 | 34.70 | 150m: | 1:54.42 | 40.56 | 250m: | 3:18.87 | 42.48 | 350m: | 4:43.23 | 41.99 |
| | 100m: | 1:13.86 | 39.16 | 200m: | 2:36.39 | 41.97 | 300m: | 4:01.24 | 42.37 | 400m: | 5:23.77 | 40.54 |
| 30. | Keck Michael | | 1996 | MEIL | | | | +0,78 | 5:24.22 | 282 | | |
| | 50m: | 37.66 | 37.66 | 150m: | 2:00.00 | 40.78 | 250m: | 3:21.44 | 39.66 | 350m: | 4:44.54 | 40.17 |
| | 100m: | 1:19.22 | 41.56 | 200m: | 2:41.78 | 41.78 | 300m: | 4:04.37 | 42.93 | 400m: | 5:24.22 | 39.68 |
| 31. | Soland Nick | | 1995 | SCUW | | | | +0,83 | 5:24.97 | 280 | | |
| | 50m: | 32.56 | 32.56 | 150m: | 1:51.72 | 40.78 | 250m: | 3:14.95 | 41.55 | 350m: | 4:41.96 | 43.93 |
| | 100m: | 1:10.94 | 38.38 | 200m: | 2:33.40 | 41.68 | 300m: | 3:58.03 | 43.08 | 400m: | 5:24.97 | 43.01 |
| 32. | Hofmann Rick | | 1995 | SCUW | | | | +0,74 | 6:02.37 | 202 | | |
| | 50m: | 39.08 | 39.08 | 150m: | 2:06.41 | 44.92 | 250m: | 3:39.49 | 46.84 | 350m: | 5:15.66 | 48.36 |
| | 100m: | 1:21.49 | 42.41 | 200m: | 2:52.65 | 46.24 | 300m: | 4:27.30 | 47.81 | 400m: | 6:02.37 | 46.71 |
| disq. | Zumeri Alban | | 1995 | SCUW | | | | +0,69 | 5:16.33 | | | |
| | <i>204 - Starten vor dem Startkommando (Zeit: 16:19)</i> | | | | | | | | | | | |
| | 50m: | 33.37 | 33.37 | 150m: | 1:51.73 | 39.46 | 250m: | 3:12.53 | 40.54 | 350m: | 4:35.28 | 41.58 |
| | 100m: | 1:12.27 | 38.90 | 200m: | 2:31.99 | 40.26 | 300m: | 3:53.70 | 41.17 | 400m: | 5:16.33 | 41.05 |
| disq. | Blättel Beno | | 1996 | SCUW | | | | +0,59 | 5:53.43 | | | |
| | <i>204 - Starten vor dem Startkommando (Zeit: 16:09)</i> | | | | | | | | | | | |
| | 50m: | 38.97 | 38.97 | 150m: | 2:07.28 | 45.07 | 250m: | 3:38.36 | 45.96 | 350m: | 5:09.50 | 44.95 |
| | 100m: | 1:22.21 | 43.24 | 200m: | 2:52.40 | 45.12 | 300m: | 4:24.55 | 46.19 | 400m: | 5:53.43 | 43.93 |