

20th International Meeting Uster  
Uster, 29. - 30.1.2011

Wettkampf 15 30.01.2011 - 9:36	Damen, 400m Vierlagen Hotel Ochsen, Uster				allg. Kategorie Rangliste Vorläufe	
World Record	4:21.04	Smit Julia	USA	Manchester (GBR)	18.12.2009	
European Record	4:24.21	Belmonte Garcia Mireia	ESP	Dubai (UAE)	15.12.2010	
Swiss Record	4:42.97	van Berkel Martina	LIMM	Neuchatel	29.03.2009	
Meet Record	4:39.40	Verraszto Evelyn	HUN	Uster	01.02.2009	
Winner 2010	4:41.26	Jakabos Zsuzsanna	HUN	Uster	31.01.2010	
Limite : 5:29.00						
Punkte: FINA 2010						

Rang	Jg.			Zeit			Pkt.	RT
1.	Treasure Vanessa	92	CAN Mississauga	<b>4:50.51</b>	725	+0.81	A	
	50m: 31.75 31.75	150m: 1:45.49 38.07	250m: 3:02.29 39.75	350m: 4:17.45 34.38				
	100m: 1:07.42 35.67	200m: 2:22.54 37.05	300m: 3:43.07 40.78	400m: 4:50.51 33.06				
2.	Hentke Franziska	89	GER Magdeburg	<b>4:55.56</b>	688	+0.71	A	
	50m: 30.21 30.21	150m: 1:42.77 37.63	250m: 3:01.43 42.55	350m: 4:20.64 35.47				
	100m: 1:05.14 34.93	200m: 2:18.88 36.11	300m: 3:45.17 43.74	400m: 4:55.56 34.92				
3.	Jakabos Zsuzsanna	89	HUN ANK Uszoklub Pecs	<b>4:56.37</b>	683	+0.82	A	
	50m: 30.53 30.53	150m: 1:43.05 38.30	250m: 3:03.67 43.73	350m: 4:23.17 35.85				
	100m: 1:04.75 34.22	200m: 2:19.94 36.89	300m: 3:47.32 43.65	400m: 4:56.37 33.20				
4.	van Westendorp Annick	93	SUI Swiss Swimming	<b>4:58.34</b>	669	+0.92	A	
	50m: 30.38 30.38	150m: 1:45.24 39.87	250m: 3:06.49 42.48	350m: 4:24.76 34.63				
	100m: 1:05.37 34.99	200m: 2:24.01 38.77	300m: 3:50.13 43.64	400m: 4:58.34 33.58				
5.	Giacchetti Caterina	88	ITA Aniene	<b>5:02.42</b>	643	+0.79	A	
	50m: 30.85 30.85	150m: 1:48.28 41.98	250m: 3:11.90 43.50	350m: 4:28.93 34.47				
	100m: 1:06.30 35.45	200m: 2:28.40 40.12	300m: 3:54.46 42.56	400m: 5:02.42 33.49				
6.	Heri Laura	93	SUI Aarau	<b>5:07.26</b>	613	+0.78	A	
	50m: 33.04 33.04	150m: 1:48.61 38.57	250m: 3:11.00 44.38	350m: 4:32.12 35.61				
	100m: 1:10.04 37.00	200m: 2:26.62 38.01	300m: 3:56.51 45.51	400m: 5:07.26 35.14				
7.	Stamm Lisa	92	SUI Schaffhausen	<b>5:10.99</b>	591	+0.87	B	
	50m: 33.45 33.45	150m: 1:50.65 39.24	250m: 3:14.78 45.51	350m: 4:36.58 36.32				
	100m: 1:11.41 37.96	200m: 2:29.27 38.62	300m: 4:00.26 45.48	400m: 5:10.99 34.41				
8.	De Marchi Anaïs	95	SUI Swiss Swimming	<b>5:12.46</b>	583	+0.74	B	
	50m: 32.85 32.85	150m: 1:49.90 38.79	250m: 3:13.85 44.73	350m: 4:36.71 37.36				
	100m: 1:11.11 38.26	200m: 2:29.12 39.22	300m: 3:59.35 45.50	400m: 5:12.46 35.75				
9.	Moser Corina	91	SUI Schaffhausen	<b>5:14.83</b>	570	+0.81	B	
	50m: 34.56 34.56	150m: 1:54.20 40.24	250m: 3:18.72 45.88	350m: 4:40.24 35.55				
	100m: 1:13.96 39.40	200m: 2:32.84 38.64	300m: 4:04.69 45.97	400m: 5:14.83 34.59				
10.	Sollberger Elena	94	SUI Locarno	<b>5:18.18</b>	552	+0.99	B	
	50m: 33.30 33.30	150m: 1:52.91 40.49	250m: 3:18.03 45.52	350m: 4:41.66 37.07				
	100m: 1:12.42 39.12	200m: 2:32.51 39.60	300m: 4:04.59 46.56	400m: 5:18.18 36.52				
11.	Molinari Alessandra	96	ITA Locarno	<b>5:19.57</b>	545	+0.81	B	
	50m: 35.60 35.60	150m: 1:56.46 40.54	250m: 3:21.07 45.81	350m: 4:44.26 36.93				
	100m: 1:15.92 40.32	200m: 2:35.26 38.80	300m: 4:07.33 46.26	400m: 5:19.57 35.31				
12.	Jacot-Descombes Maelle	95	SUI Emmen	<b>5:21.72</b>	534	+0.76	B	
	50m: 32.64 32.64	150m: 1:52.06 40.93	250m: 3:16.92 44.68	350m: 4:42.34 38.91				
	100m: 1:11.13 38.49	200m: 2:32.24 40.18	300m: 4:03.43 46.51	400m: 5:21.72 39.38				
13.	Décombaz Laure	93	SUI Lausanne	<b>5:25.02</b>	518	+0.85	R	
	50m: 33.13 33.13	150m: 1:54.60 42.60	250m: 3:22.30 45.22	350m: 4:47.56 38.87				
	100m: 1:12.00 38.87	200m: 2:37.08 42.48	300m: 4:08.69 46.39	400m: 5:25.02 37.46				
14.	Cehic Mejrema	97	SUI Bellinzona	<b>5:32.04</b>	485	+0.75	R *	
	50m: 35.67 35.67	150m: 1:57.30 40.61	250m: 3:27.82 49.62	350m: 4:55.68 37.84				
	100m: 1:16.69 41.02	200m: 2:38.20 40.90	300m: 4:17.84 50.02	400m: 5:32.04 36.36				