

19th International Meeting Uster
 Uster, 30. - 31.1.2010

| Wettkampf 16 31.01.2010 - 9:48 | Herren, 400m Vierlagen Value Coaching | | | | allg. Kategorie Startliste Vorläufe | |
|-----------------------------------|--|-----------------|-----|-----------------|--|--|
| World Record | 3:57.27 | Cseh Laszlo | HUN | Istanbul (TUR) | 11.12.2009 | |
| European Record | 3:57.27 | Cseh Laszlo | HUN | Istanbul (TUR) | 11.12.2009 | |
| Swiss Record | 4:11.70 | Platel Yves | GEN | Antwerpen (BEL) | 13.12.2001 | |
| Meet Record | 4:09.05 | Verraszto David | HUN | Uster | 01.02.2009 | |
| Winner 2009 | 4:09.05 | Verraszto David | HUN | Uster | 01.02.2009 | |
| Limite : 4:54.00 | | | | | | |

Jg.

Lauf 1 von 4

| | | | | |
|-----------------------|----|-----|-------------|---------|
| 1 Girardin Axel | 93 | SUI | Lausanne | 5:00.22 |
| 2 Escher Oliver | 92 | SUI | Aarau | 4:59.01 |
| 3 Ciccone Fabio | 95 | SUI | Switzerland | 4:56.25 |
| 4 Göldlin Philipp | 92 | SUI | Aarau | 4:56.99 |
| 5 Niederhauser Sandro | 92 | SUI | Uster | 4:59.61 |

Lauf 2 von 4

| | | | | |
|-------------------------|----|-----|-------------|---------|
| 1 van Westendorp Jeroen | 90 | SUI | Winterthur | 4:40.27 |
| 2 Lucido Andrea | 91 | ITA | Cagliari | 4:25.00 |
| 3 Pelizzari Matteo | 91 | ITA | Aniene | 4:09.79 |
| 4 Samuel Curtis | 90 | CAN | Ontario | 4:19.50 |
| 5 Escher Joël | 89 | SUI | Aarau | 4:35.22 |
| 6 Oderbolz This | 95 | SUI | Switzerland | 4:54.00 |

Lauf 3 von 4

| | | | | |
|---------------------|----|-----|--------------|---------|
| 1 Hoegild Stefan B. | 91 | DEN | Herning | 4:37.35 |
| 2 Huesing Lukas | 90 | GER | Sindelfingen | 4:21.30 |
| 3 Wojt Lukasz | 82 | POL | Poland | 4:03.20 |
| 4 Jensen Mads | 91 | DEN | Sigma | 4:16.97 |
| 5 De Corso Flavio | 92 | SUI | Zürich | 4:35.20 |
| 6 Mitrovic Ivan | 94 | SUI | Switzerland | 4:43.80 |

Lauf 4 von 4

| | | | | |
|--------------------|----|-----|-------------|---------|
| 1 Stolz Elijah | 93 | SUI | Switzerland | 4:35.48 |
| 2 Baillod Julien | 80 | SUI | Uster | 4:21.16 |
| 3 Verraszto David | 88 | HUN | Hungary | 4:00.10 |
| 4 Ford Andrew | 89 | CAN | Ontario | 4:12.70 |
| 5 Mitrovic Jovan | 91 | SUI | Savosa | 4:32.16 |
| 6 Hansen Martin G. | 92 | DEN | Herning | 4:41.15 |