

19th International Meeting Uster  
 Uster, 30. - 31.1.2010

Event 1	Women, 400m Freestyle					Open
30.01.2010 - 18:00	Clientis, Bezirkssparkasse Uster					Results Final
World Record	3:54.92	Jackson Joanne	GBR	Leeds (GBR)	08.08.2009	
European Record	3:54.92	Jackson Joanne	GBR	Leeds (GBR)	08.08.2009	
Swiss Record	4:03.73	Rigamonti Flavia	TAL	Debrecen (HUN)	15.12.2007	
Meet Record	4:05.99	Friis Lotte	DEN	Uster	31.01.2009	
Winner 2009	4:05.99	Friis Lotte	DEN	Uster	31.01.2009	

Limite : 4:39.00

Points: FINA 2009

Rank			YB			Time	Pts	RT
<b>Final A</b>								
1.	Mutina Agnes		88	HUN	Hungary	<b>4:13.01</b>	835	+0.69
	50m: 29.43	29.43	150m: 1:33.61	31.97	250m: 2:38.43	32.36	350m: 3:41.68	31.36
	100m: 1:01.64	32.21	200m: 2:06.07	32.46	300m: 3:10.32	31.89	400m: 4:13.01	31.33
2.	Borghetti Laura		90	ITA	Aniene	<b>4:15.64</b>	810	+0.84
	50m: 29.70	29.70	150m: 1:33.44	32.10	250m: 2:38.05	32.33	350m: 3:43.32	32.61
	100m: 1:01.34	31.64	200m: 2:05.72	32.28	300m: 3:10.71	32.66	400m: 4:15.64	32.32
3.	Jakabos Zsuzsanna		89	HUN	Hungary	<b>4:18.14</b>	786	+0.86
	50m: 29.97	29.97	150m: 1:34.63	32.79	250m: 2:39.44	32.21	350m: 3:45.66	33.02
	100m: 1:01.84	31.87	200m: 2:07.23	32.60	300m: 3:12.64	33.20	400m: 4:18.14	32.48
4.	van Westendorp Annick		93	SUI	Winterthur	<b>4:18.22</b>	786	+0.89
	50m: 29.91	29.91	150m: 1:36.17	33.17	250m: 2:41.97	32.43	350m: 3:46.53	32.17
	100m: 1:03.00	33.09	200m: 2:09.54	33.37	300m: 3:14.36	32.39	400m: 4:18.22	31.69
5.	Ruksys Pamela		89	CAN	Ontario	<b>4:18.84</b>	780	+0.76
	50m: 30.05	30.05	150m: 1:34.96	32.61	250m: 2:40.20	32.74	350m: 3:46.53	33.24
	100m: 1:02.35	32.30	200m: 2:07.46	32.50	300m: 3:13.29	33.09	400m: 4:18.84	32.31
6.	Hassler Julia		93	SUI	Unterland	<b>4:21.13</b>	760	+0.99
	50m: 29.90	29.90	150m: 1:35.41	33.07	250m: 2:41.89	33.23	350m: 3:48.54	33.25
	100m: 1:02.34	32.44	200m: 2:08.66	33.25	300m: 3:15.29	33.40	400m: 4:21.13	32.59
<b>Final B</b>								
7.	Ribi Marina		88	SUI	Switzerland	<b>4:18.71</b>	781	+0.87
	50m: 29.97	29.97	150m: 1:34.83	32.65	250m: 2:40.68	32.93	350m: 3:47.02	32.86
	100m: 1:02.18	32.21	200m: 2:07.75	32.92	300m: 3:14.16	33.48	400m: 4:18.71	31.69
8.	Maitland Heather		89	CAN	Ontario	<b>4:19.97</b>	770	+0.86
	50m: 30.49	30.49	150m: 1:35.87	32.84	250m: 2:41.57	32.86	350m: 3:47.54	33.10
	100m: 1:03.03	32.54	200m: 2:08.71	32.84	300m: 3:14.44	32.87	400m: 4:19.97	32.43
9.	Thomsen Amalie Emma		94	DEN	Sigma	<b>4:20.49</b>	765	+0.83
	50m: 30.18	30.18	150m: 1:34.23	32.07	250m: 2:40.89	33.61	350m: 3:48.02	33.72
	100m: 1:02.16	31.98	200m: 2:07.28	33.05	300m: 3:14.30	33.41	400m: 4:20.49	32.47
10.	Oestringer Cherelle		91	SUI	Biel-Bienne	<b>4:24.98</b>	727	+0.88
	50m: 29.99	29.99	150m: 1:35.78	33.37	250m: 2:43.61	33.97	350m: 3:51.89	34.26
	100m: 1:02.41	32.42	200m: 2:09.64	33.86	300m: 3:17.63	34.02	400m: 4:24.98	33.09
11.	Davis Melanie		89	CAN	Toronto	<b>4:28.58</b>	698	+0.86
	50m: 30.77	30.77	150m: 1:37.30	33.60	250m: 2:45.75	34.32	350m: 3:54.69	34.49
	100m: 1:03.70	32.93	200m: 2:11.43	34.13	300m: 3:20.20	34.45	400m: 4:28.58	33.89
12.	Sims Micah		92	SUI	Uster	<b>4:31.55</b>	675	+0.85
	50m: 30.84	30.84	150m: 1:38.32	33.94	250m: 2:47.19	34.55	350m: 3:56.91	35.05
	100m: 1:04.38	33.54	200m: 2:12.64	34.32	300m: 3:21.86	34.67	400m: 4:31.55	34.64