

19th International Meeting Uster
Uster, 30. - 31.1.2010

Wettkampf 15
31.01.2010 - 15:14

Damen, 400m Vierlagen
Hotel Ochsen, Uster

allg. Kategorie
Rangliste Final

World Record	4:21.04	Smit Julia	USA	Manchester (GBR)	18.12.2009
European Record	4:24.51	Miley Hannah	GBR	Manchester (GBR)	18.12.2009
Swiss Record	4:42.97	van Berkel Martina	LIMM	Neuchatel	29.03.2009
Meet Record	4:39.40	Verraszto Evelyn	HUN	Uster	01.02.2009
Winner 2009	4:39.40	Verraszto Evelyn	HUN	Uster	01.02.2009

Limite : 5:29.00

Punkte: FINA 2009

Rang	Jg.	Zeit	Pkt.	RT
Final A				
1.	Jakabos Zsuzsanna	89	HUN Hungary	4:41.26 857 +0.89
	50m: 29.68 29.68	150m: 1:38.73 35.13	250m: 2:54.74 41.44	350m: 4:09.60 32.84
	100m: 1:03.60 33.92	200m: 2:13.30 34.57	300m: 3:36.76 42.02	400m: 4:41.26 31.66
2.	Michalak Theresa	92	GER Halle	4:45.82 816 +0.71
	50m: 29.55 29.55	150m: 1:40.58 36.70	250m: 2:57.99 41.24	350m: 4:13.02 33.87
	100m: 1:03.88 34.33	200m: 2:16.75 36.17	300m: 3:39.15 41.16	400m: 4:45.82 32.80
3.	van Westendorp Annick	93	SUI Winterthur	4:54.12 749 +0.90
	50m: 31.10 31.10	150m: 1:46.10 38.99	250m: 3:06.66 42.67	350m: 4:22.95 33.05
	100m: 1:07.11 36.01	200m: 2:23.99 37.89	300m: 3:49.90 43.24	400m: 4:54.12 31.17
4.	Lucconi Valentina	92	ITA Aniene	4:54.25 748 +0.90
	50m: 31.41 31.41	150m: 1:43.56 36.39	250m: 3:03.18 43.67	350m: 4:21.81 34.27
	100m: 1:07.17 35.76	200m: 2:19.51 35.95	300m: 3:47.54 44.36	400m: 4:54.25 32.44
5.	Ruksys Pamela	89	CAN Ontario	4:57.82 722 +0.78
	50m: 32.16 32.16	150m: 1:46.82 38.09	250m: 3:07.41 43.77	350m: 4:25.42 33.91
	100m: 1:08.73 36.57	200m: 2:23.64 36.82	300m: 3:51.51 44.10	400m: 4:57.82 32.40
6.	Thomsen Amalie Emma	94	DEN Sigma	5:02.91 686 +0.83
	50m: 31.51 31.51	150m: 1:46.75 38.16	250m: 3:09.21 44.28	350m: 4:30.25 35.71
	100m: 1:08.59 37.08	200m: 2:24.93 38.18	300m: 3:54.54 45.33	400m: 5:02.91 32.66
Final B				
7.	Piesbergen Elina	91	SUI Zürich	5:07.49 656 +0.84
	50m: 33.25 33.25	150m: 1:51.31 40.35	250m: 3:12.59 42.99	350m: 4:32.75 36.07
	100m: 1:10.96 37.71	200m: 2:29.60 38.29	300m: 3:56.68 44.09	400m: 5:07.49 34.74
8.	Wüthrich Rachel	95	SUI Worb	5:13.77 617 +0.85
	50m: 33.24 33.24	150m: 1:52.15 41.11	250m: 3:17.73 45.31	350m: 4:39.21 35.41
	100m: 1:11.04 37.80	200m: 2:32.42 40.27	300m: 4:03.80 46.07	400m: 5:13.77 34.56
9.	Heri Laura	93	SUI Aarau	5:15.15 609 +0.95
	50m: 34.07 34.07	150m: 1:53.05 40.23	250m: 3:17.87 45.58	350m: 4:41.07 37.26
	100m: 1:12.82 38.75	200m: 2:32.29 39.24	300m: 4:03.81 45.94	400m: 5:15.15 34.08
10.	Chenevard Noémie	92	SUI Lausanne	5:15.26 608 +0.96
	50m: 34.36 34.36	150m: 1:55.74 41.37	250m: 3:21.61 45.21	350m: 4:42.67 35.62
	100m: 1:14.37 40.01	200m: 2:36.40 40.66	300m: 4:07.05 45.44	400m: 5:15.26 32.59
11.	Webber Ilona	94	SUI Uster	5:21.97 571 +0.91
	50m: 34.86 34.86	150m: 1:56.79 41.84	250m: 3:22.83 44.97	350m: 4:45.46 37.12
	100m: 1:14.95 40.09	200m: 2:37.86 41.07	300m: 4:08.34 45.51	400m: 5:21.97 36.51
12.	Mamié Sara	96	SUI Zürich	5:31.18 525 +0.88 *
	50m: 34.87 34.87	150m: 1:58.51 42.14	250m: 3:29.00 48.67	350m: 4:54.97 37.61
	100m: 1:16.37 41.50	200m: 2:40.33 41.82	300m: 4:17.36 48.36	400m: 5:31.18 36.21