

19th International Meeting Uster
Uster, 30. - 31.1.2010

Event 15
31.01.2010 - 9:30
Women, 400m Medley
Hotel Ochsen, Uster
Open Results Prelim

World Record	4:21.04	Smit Julia	USA	Manchester (GBR)	18.12.2009
European Record	4:24.51	Miley Hannah	GBR	Manchester (GBR)	18.12.2009
Swiss Record	4:42.97	van Berkel Martina	LIMM	Neuchatel	29.03.2009
Meet Record	4:39.40	Verraszto Evelyn	HUN	Uster	01.02.2009
Winner 2009	4:39.40	Verraszto Evelyn	HUN	Uster	01.02.2009

Limite : 5:29.00

Points: FINA 2009

Rank				YB				Time	Pts	RT
1.	Michalak Theresa	92	GER	Halle			4:53.42	755	+0.70	A
	50m: 29.35	29.35	150m: 1:41.57	37.24	250m: 3:00.69	42.11	350m: 4:18.87	35.55		
	100m: 1:04.33	34.98	200m: 2:18.58	37.01	300m: 3:43.32	42.63	400m: 4:53.42	34.55		
2.	Jakabos Zsuzsanna	89	HUN	Hungary			4:54.35	748	+0.87	A
	50m: 30.63	30.63	150m: 1:42.60	37.29	250m: 3:00.99	42.73	350m: 4:20.23	35.97		
	100m: 1:05.31	34.68	200m: 2:18.26	35.66	300m: 3:44.26	43.27	400m: 4:54.35	34.12		
3.	van Westendorp Annick	93	SUI	Winterthur			4:55.58	738	+0.94	A
	50m: 31.68	31.68	150m: 1:46.69	39.76	250m: 3:07.96	42.52	350m: 4:23.92	33.36		
	100m: 1:06.93	35.25	200m: 2:25.44	38.75	300m: 3:50.56	42.60	400m: 4:55.58	31.66		
4.	Lucconi Valentina	92	ITA	Aniene			4:59.01	713	+0.92	A
	50m: 32.14	32.14	150m: 1:45.38	37.02	250m: 3:05.97	44.25	350m: 4:25.79	35.01		
	100m: 1:08.36	36.22	200m: 2:21.72	36.34	300m: 3:50.78	44.81	400m: 4:59.01	33.22		
5.	Ruksys Pamela	89	CAN	Ontario			4:59.19	712	+0.76	A
	50m: 32.56	32.56	150m: 1:47.23	38.21	250m: 3:08.15	43.91	350m: 4:26.71	34.18		
	100m: 1:09.02	36.46	200m: 2:24.24	37.01	300m: 3:52.53	44.38	400m: 4:59.19	32.48		
6.	Thomsen Amalie Emma	94	DEN	Sigma			5:03.62	681	+0.79	A
	50m: 31.74	31.74	150m: 1:48.47	38.78	250m: 3:10.72	44.00	350m: 4:30.67	35.14		
	100m: 1:09.69	37.95	200m: 2:26.72	38.25	300m: 3:55.53	44.81	400m: 5:03.62	32.95		
7.	Piesbergen Elina	91	SUI	Zürich			5:12.16	627	+0.80	B
	50m: 32.95	32.95	150m: 1:52.14	40.81	250m: 3:15.57	44.24	350m: 4:36.79	36.59		
	100m: 1:11.33	38.38	200m: 2:31.33	39.19	300m: 4:00.20	44.63	400m: 5:12.16	35.37		
8.	Chenevard Noémie	92	SUI	Lausanne			5:16.99	599	+0.90	B
	50m: 34.02	34.02	150m: 1:55.84	41.79	250m: 3:21.28	44.53	350m: 4:42.59	36.39		
	100m: 1:14.05	40.03	200m: 2:36.75	40.91	300m: 4:06.20	44.92	400m: 5:16.99	34.40		
9.	Wüthrich Rachel	95	SUI	Worb			5:19.07	587	+0.82	B
	50m: 32.92	32.92	150m: 1:52.60	41.77	250m: 3:18.84	45.70	350m: 4:43.51	37.56		
	100m: 1:10.83	37.91	200m: 2:33.14	40.54	300m: 4:05.95	47.11	400m: 5:19.07	35.56		
10.	Heri Laura	93	SUI	Aarau			5:19.35	585	+0.89	B
	50m: 33.69	33.69	150m: 1:53.65	41.11	250m: 3:19.13	45.40	350m: 4:43.63	37.89		
	100m: 1:12.54	38.85	200m: 2:33.73	40.08	300m: 4:05.74	46.61	400m: 5:19.35	35.72		
11.	Appenzeller Kathrin	94	SUI	Zürich			5:20.17	581	+0.84	B
	50m: 33.35	33.35	150m: 1:53.62	39.63	250m: 3:18.89	46.90	350m: 4:43.68	37.11		
	100m: 1:13.99	40.64	200m: 2:31.99	38.37	300m: 4:06.57	47.68	400m: 5:20.17	36.49		
12.	Webber Ilona	94	SUI	Uster			5:23.68	562	+0.86	B
	50m: 35.01	35.01	150m: 1:56.12	41.24	250m: 3:22.63	45.28	350m: 4:46.30	38.27		
	100m: 1:14.88	39.87	200m: 2:37.35	41.23	300m: 4:08.03	45.40	400m: 5:23.68	37.38		
13.	Gmür Désirée	92	SUI	Wittenbach			5:26.93	546	+0.89	R
	50m: 34.85	34.85	150m: 1:56.00	41.65	250m: 3:24.79	47.64	350m: 4:50.41	37.84		
	100m: 1:14.35	39.50	200m: 2:37.15	41.15	300m: 4:12.57	47.78	400m: 5:26.93	36.52		
14.	Mamié Sara	96	SUI	Zürich			5:27.09	545	+0.80	R
	50m: 34.68	34.68	150m: 1:55.95	40.72	250m: 3:23.74	47.78	350m: 4:49.95	38.28		
	100m: 1:15.23	40.55	200m: 2:35.96	40.01	300m: 4:11.67	47.93	400m: 5:27.09	37.14		

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Event 15, Women, 400m Medley, Prelim, Open

Rank					YB					Time	Pts	RT
15.	Schwyzmann Fabienne				95	SUI Aarau				5:32.58	518	+0.87 *
	50m:	35.28	35.28	150m:	2:00.99	43.25	250m:	3:28.89	46.08	350m:	4:54.92	39.37
	100m:	1:17.74	42.46	200m:	2:42.81	41.82	300m:	4:15.55	46.66	400m:	5:32.58	37.66
16.	Jacot-Descombes Maëlle				95	SUI Lausanne				5:36.19	502	+0.72 *
	50m:	34.95	34.95	150m:	1:59.67	43.16	250m:	3:28.78	47.03	350m:	4:57.64	40.23
	100m:	1:16.51	41.56	200m:	2:41.75	42.08	300m:	4:17.41	48.63	400m:	5:36.19	38.55
17.	de Courten Isabelle				90	SUI Basel				5:48.77	449	+0.74 *
	50m:	35.92	35.92	150m:	2:03.90	45.39	250m:	3:37.76	49.10	350m:	5:09.53	41.03
	100m:	1:18.51	42.59	200m:	2:48.66	44.76	300m:	4:28.50	50.74	400m:	5:48.77	39.24