

19th International Meeting Uster
Uster, 30. - 31.1.2010

| Event 1 | Women, 400m Freestyle | | | | | Open |
|-------------------|----------------------------------|------------------|-----|----------------|------------|----------------|
| 30.01.2010 - 9:00 | Clientis, Bezirkssparkasse Uster | | | | | Results Prelim |
| World Record | 3:54.92 | Jackson Joanne | GBR | Leeds (GBR) | 08.08.2009 | |
| European Record | 3:54.92 | Jackson Joanne | GBR | Leeds (GBR) | 08.08.2009 | |
| Swiss Record | 4:03.73 | Rigamonti Flavia | TAL | Debrecen (HUN) | 15.12.2007 | |
| Meet Record | 4:05.99 | Friis Lotte | DEN | Uster | 31.01.2009 | |
| Winner 2009 | 4:05.99 | Friis Lotte | DEN | Uster | 31.01.2009 | |

Limite : 4:39.00

Points: FINA 2009

| Rank | YB | | | Time | Pts | RT |
|------|-----------------------|---------------------|---------------------|---------------------|-----|---------|
| 1. | van Berkel Martina | 89 | SUI Switzerland | 4:17.11 | 796 | +0.77 A |
| | 50m: 30.30 30.30 | 150m: 1:35.04 32.39 | 250m: 2:39.39 32.05 | 350m: 3:44.95 32.86 | | |
| | 100m: 1:02.65 32.35 | 200m: 2:07.34 32.30 | 300m: 3:12.09 32.70 | 400m: 4:17.11 32.16 | | |
| 2. | Mutina Agnes | 88 | HUN Hungary | 4:18.25 | 785 | +0.67 A |
| | 50m: 29.53 29.53 | 150m: 1:34.28 32.68 | 250m: 2:39.84 32.88 | 350m: 3:46.77 33.94 | | |
| | 100m: 1:01.60 32.07 | 200m: 2:06.96 32.68 | 300m: 3:12.83 32.99 | 400m: 4:18.25 31.48 | | |
| 3. | Borghetti Laura | 90 | ITA Aniene | 4:18.99 | 779 | +0.85 A |
| | 50m: 30.36 30.36 | 150m: 1:35.04 32.62 | 250m: 2:40.54 32.77 | 350m: 3:46.59 32.95 | | |
| | 100m: 1:02.42 32.06 | 200m: 2:07.77 32.73 | 300m: 3:13.64 33.10 | 400m: 4:18.99 32.40 | | |
| 4. | Ruksys Pamela | 89 | CAN Ontario | 4:21.00 | 761 | +0.79 A |
| | 50m: 30.12 30.12 | 150m: 1:35.37 32.73 | 250m: 2:41.62 33.34 | 350m: 3:48.69 33.52 | | |
| | 100m: 1:02.64 32.52 | 200m: 2:08.28 32.91 | 300m: 3:15.17 33.55 | 400m: 4:21.00 32.31 | | |
| 5. | Jakabos Zsuzsanna | 89 | HUN Hungary | 4:21.23 | 759 | +0.84 A |
| | 50m: 30.61 30.61 | 150m: 1:36.75 32.98 | 250m: 2:42.46 32.83 | 350m: 3:48.85 33.18 | | |
| | 100m: 1:03.77 33.16 | 200m: 2:09.63 32.88 | 300m: 3:15.67 33.21 | 400m: 4:21.23 32.38 | | |
| 6. | van Westendorp Annick | 93 | SUI Winterthur | 4:21.55 | 756 | +0.86 A |
| | 50m: 30.04 30.04 | 150m: 1:36.16 33.11 | 250m: 2:43.23 33.48 | 350m: 3:49.47 33.00 | | |
| | 100m: 1:03.05 33.01 | 200m: 2:09.75 33.59 | 300m: 3:16.47 33.24 | 400m: 4:21.55 32.08 | | |
| 7. | Hassler Julia | 93 | SUI Unterland | 4:21.88 | 753 | +0.98 B |
| | 50m: 30.22 30.22 | 150m: 1:35.57 32.89 | 250m: 2:42.29 33.40 | 350m: 3:49.34 33.48 | | |
| | 100m: 1:02.68 32.46 | 200m: 2:08.89 33.32 | 300m: 3:15.86 33.57 | 400m: 4:21.88 32.54 | | |
| 8. | Maitland Heather | 89 | CAN Ontario | 4:21.90 | 753 | +0.81 B |
| | 50m: 30.48 30.48 | 150m: 1:35.80 32.77 | 250m: 2:41.63 32.97 | 350m: 3:48.48 33.48 | | |
| | 100m: 1:03.03 32.55 | 200m: 2:08.66 32.86 | 300m: 3:15.00 33.37 | 400m: 4:21.90 33.42 | | |
| 9. | Oestinger Cherelle | 91 | SUI Biel-Bienne | 4:23.87 | 736 | +0.90 B |
| | 50m: 30.20 30.20 | 150m: 1:35.76 33.01 | 250m: 2:43.09 33.55 | 350m: 3:51.09 34.24 | | |
| | 100m: 1:02.75 32.55 | 200m: 2:09.54 33.78 | 300m: 3:16.85 33.76 | 400m: 4:23.87 32.78 | | |
| 10. | Ribi Marina | 88 | SUI Switzerland | 4:24.08 | 734 | +0.85 B |
| | 50m: 30.52 30.52 | 150m: 1:36.47 33.30 | 250m: 2:43.61 33.49 | 350m: 3:51.36 33.72 | | |
| | 100m: 1:03.17 32.65 | 200m: 2:10.12 33.65 | 300m: 3:17.64 34.03 | 400m: 4:24.08 32.72 | | |
| 11. | Davis Melanie | 89 | CAN Toronto | 4:26.60 | 714 | +0.92 B |
| | 50m: 30.54 30.54 | 150m: 1:36.76 33.37 | 250m: 2:44.22 33.71 | 350m: 3:52.72 34.35 | | |
| | 100m: 1:03.39 32.85 | 200m: 2:10.51 33.75 | 300m: 3:18.37 34.15 | 400m: 4:26.60 33.88 | | |
| 12. | Thomsen Amalie Emma | 94 | DEN Sigma | 4:27.53 | 706 | +0.82 B |
| | 50m: 30.24 30.24 | 150m: 1:36.98 33.66 | 250m: 2:44.49 33.97 | 350m: 3:53.90 34.59 | | |
| | 100m: 1:03.32 33.08 | 200m: 2:10.52 33.54 | 300m: 3:19.31 34.82 | 400m: 4:27.53 33.63 | | |
| 13. | Villars Danielle | 93 | SUI Switzerland | 4:27.54 | 706 | +0.78 R |
| | 50m: 30.03 30.03 | 150m: 1:36.80 33.65 | 250m: 2:44.98 34.07 | 350m: 3:53.85 34.51 | | |
| | 100m: 1:03.15 33.12 | 200m: 2:10.91 34.11 | 300m: 3:19.34 34.36 | 400m: 4:27.54 33.69 | | |
| 14. | Sims Micah | 92 | SUI Uster | 4:34.85 | 651 | +0.83 R |
| | 50m: 31.25 31.25 | 150m: 1:38.75 34.22 | 250m: 2:48.22 34.83 | 350m: 3:59.42 35.67 | | |
| | 100m: 1:04.53 33.28 | 200m: 2:13.39 34.64 | 300m: 3:23.75 35.53 | 400m: 4:34.85 35.43 | | |

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Event 1, Women, 400m Freestyle, Prelim, Open

| Rank | | | | | YB | | | | | Time | Pts | RT |
|------|---------------------|---------|-------|-------|---------|-----------------|-------|---------|-------|----------------|---------|---------|
| 15. | Hellings Anouk | | | | 91 | SUI Emmen | | | | 4:34.93 | 651 | +0.73 |
| | 50m: | 30.63 | 30.63 | 150m: | 1:37.95 | 34.10 | 250m: | 2:48.25 | 35.44 | 350m: | 4:00.17 | 35.95 |
| | 100m: | 1:03.85 | 33.22 | 200m: | 2:12.81 | 34.86 | 300m: | 3:24.22 | 35.97 | 400m: | 4:34.93 | 34.76 |
| 16. | Wüthrich Rachel | | | | 95 | SUI Worb | | | | 4:36.36 | 641 | +0.80 |
| | 50m: | 30.66 | 30.66 | 150m: | 1:39.45 | 34.80 | 250m: | 2:49.98 | 35.44 | 350m: | 4:01.61 | 35.96 |
| | 100m: | 1:04.65 | 33.99 | 200m: | 2:14.54 | 35.09 | 300m: | 3:25.65 | 35.67 | 400m: | 4:36.36 | 34.75 |
| 17. | Neeser Nathalie | | | | 91 | SUI Biel-Bienne | | | | 4:40.21 | 615 | +0.75 * |
| | 50m: | 31.59 | 31.59 | 150m: | 1:42.61 | 35.89 | 250m: | 2:54.85 | 36.01 | 350m: | 4:06.84 | 35.71 |
| | 100m: | 1:06.72 | 35.13 | 200m: | 2:18.84 | 36.23 | 300m: | 3:31.13 | 36.28 | 400m: | 4:40.21 | 33.37 |
| 18. | Gaffuri Sara | | | | 90 | SUI Mendrisio | | | | 4:46.36 | 576 | +0.96 * |
| | 50m: | 32.22 | 32.22 | 150m: | 1:44.30 | 36.55 | 250m: | 2:57.23 | 36.40 | 350m: | 4:10.62 | 36.77 |
| | 100m: | 1:07.75 | 35.53 | 200m: | 2:20.83 | 36.53 | 300m: | 3:33.85 | 36.62 | 400m: | 4:46.36 | 35.74 |
| 19. | Gmür Désirée | | | | 92 | SUI Wittenbach | | | | 4:48.63 | 563 | +0.86 * |
| | 50m: | 33.23 | 33.23 | 150m: | 1:44.18 | 35.51 | 250m: | 2:56.27 | 36.26 | 350m: | 4:08.49 | 36.00 |
| | 100m: | 1:08.67 | 35.44 | 200m: | 2:20.01 | 35.83 | 300m: | 3:32.49 | 36.22 | 400m: | 4:48.63 | 40.14 |
| 20. | Schwermann Fabienne | | | | 95 | SUI Aarau | | | | 4:49.61 | 557 | +0.85 * |
| | 50m: | 31.91 | 31.91 | 150m: | 1:43.44 | 36.18 | 250m: | 2:56.65 | 36.71 | 350m: | 4:09.39 | 35.91 |
| | 100m: | 1:07.26 | 35.35 | 200m: | 2:19.94 | 36.50 | 300m: | 3:33.48 | 36.83 | 400m: | 4:49.61 | 40.22 |
| 21. | Widmer Laura | | | | 91 | SUI Frauenfeld | | | | 4:55.15 | 526 | +0.95 * |
| | 50m: | 31.64 | 31.64 | 150m: | 1:42.75 | 36.15 | 250m: | 2:57.18 | 37.44 | 350m: | 4:15.38 | 39.62 |
| | 100m: | 1:06.60 | 34.96 | 200m: | 2:19.74 | 36.99 | 300m: | 3:35.76 | 38.58 | 400m: | 4:55.15 | 39.77 |